

Canterbury Masters Inc Women's Field Event Records

(Updated December 2020)

Long Jump

W30	H Dinnissen	5.78	03/09/2019	Mackay
W35	H Dinnissen	5.89	22/02/2020	Ngā Puna Wai
W40	L Osmer	5.14	Mar-02	
W45	L Anderson	4.45	Mar-96	
W50	S Peterson	4.69	May-82	
W55	S Peterson	4.60	Mar-85	
W60	S Peterson	4.32	Feb-89	
W65	S Peterson	4.17	1995	
W70	S Peterson	3.48	Jan-00	
W75	S Peterson	3.20	10/03	
W80	S Peterson	2.60	14/02/2010	QEII

Triple Jump

W30	H Dinnissen	11.85	31/08/2019	Mackay
W35	S Mene	9.81	Oct-87	
W40	L Osmer	10.55	Oct-02	
W45	J Senior	9.32	Dec-92	
W50	L Osmer	8.85	08/03/2014	Rawhiti Domain
W55	L Anderson	8.55	2002	
W60	S Peterson	8.73	Oct-91	
W65	S Peterson	9.03	Oct-93	
W70	S Peterson	7.87	Feb-99	
W75	S Peterson	6.95	2003	
W80	S Peterson	5.63	26/02/2010	QEII

High Jump

W30	H Dinnissen	1.71	06/09/2019	Mackay
W35	H Dinnissen	1.63	08/02/2020	
W40	L Osmer	1.57	Oct-02	
W45	L Osmer	1.40	3/04/2010	QEII
W50	L Osmer	1.41	12/02/2011	QEII
W55	L Osmer	1.33	05/03/2017	Nelson
W60	L Anderson	1.14	Dec-08	
W65	S Peterson	1.15	1994	
W70	L Anderson	1.08	04/03/2017	Nelson
W75	S Peterson	0.95	Oct-03	

Pole Vault

W35	J Maxwell	1.70	Feb-99	
W40	L Osmer	1.70	Feb-03	
W45	L Anderson	1.50	Feb-96	
W50	L Anderson	1.80	Feb-98	
W55	L Anderson	1.80	2002	
W65	S Peterson	1.35	Mar-95	

Discus Throw

W30	J Maxwell	42.42	Dec-89	
W35	S Mene	41.74	Feb-85	
W40	V Young	43.48	Jan-81	
W45	V Hood	31.78	Jan-85	
W50	V Young	43.82	Oct-88	
W55	S Stein-Abel	28.78	28/01/2017	Rawhiti Domain
W60	S Stein-Abel	27.07	10/02/2018	Rawhiti Domain
W65	G Watts	21.25	Jan-08	
W70	G Watts	19.10	05/02/2012	Tahiti

Discus Throw 750gm from 1 May 2010

W75	J Whitaker	20.36	28/01/2017	Rawhiti Domain
W80	G Watts	15.70	14/11/2020	Dunedin
W85	R Smith	9.41	Jan-06	
Changed from 1.00kg 01/01/08. Officially 01/05/08				
W90	R Smith	8.79	Feb-09	

Javelin Throw

W30	J Maxwell	40.18	Mar-90	
W35	S Mene	39.78	Oct-87	
W40	L Osmers	37.67	Oct-02	
W45	L Osmers	29.76	03/04/2010	QEII
W50	L Osmers	33.36	18/12/2010	QEII
W55	L Osmers	29.80	26/02/2016	Dunedin
W60 (400gm)	B Bird	23.03	Jan-00	
W65 (400gm)	B Bird	21.80	Feb-08	
W70(400gm)	B Bird	21.54	14/03/2010	QEII
**New weight 500gm as at 01/01/2014 (New best performances)				
W60 (500gm)	S Stein Abel	27.93	23/02/2020	Ngā Puna Wai
W65 (500gm)	B Church	15.85	3/03/2018	Whangarei
W70 (500gm)	B Bird	15.96	18/01/2014	Rawhiti Domain
W75	G Watts	16.20	05/10/2016	Rarotonga
W80	G Watts	10.12	27/9/2020	Rawhiti Domain
W85	R Smith	8.52	2004	
W90	R Smith	7.45BP	Feb-09	

Shot Put

W30	J Maxwell	14.68	Nov-89	
W35	S Mene	11.61	1988	
W40	V Young	13.31	Jan-81	
W45	J Maxwell	10.14	Mar-05	
W50	V Young	14.85	Nov-87	
W55	L Osmers	10.57	07/11/2015	Rawhiti Domain
W60	L Osmers	9.49	27/9/2020	Rawhiti Domain
W65	L Anderson	7.75	30/09/2012	Rawhiti
W70	S Rolston	8.63	31/10/20	Ngā Puna Wai

Shot Put 2kg from 1st May 2010

W75	G Watts	8.27	06/10/2015	Rarotonga
W80	G Watts	6.65	27/9/2020	Rawhiti Domain
W85				
W90				

Hammer Throw

W30	A Lynch	41.57	14/11/2020	Dunedin
W35	J Maxwell	29.78	Mar-99	
W40	J Maxwell	32.30	Feb-01	
W45	H Steer	32.53	Jan-98	
W50	V Hood	38.42	Feb-94	
W55	V Hood	35.84	Jan-96	
W60	G Watts	29.66	Nov-01	
W65	G Watts	28.85	Nov-08	
W70	G Watts	25.80	20/02/2011	QEII

Hammer Throw 2kg from 1st May 2010

W75	G Watts	30.63	20/11/2015	Timaru
W80	G Watts	24.54	21/11/2020	Ngā Puna Wai
W85				
W90				

Weight Throw

W30	A Lynch	12.46	21/11/2020	Ngā Puna Wai
W35	J Maxwell	10.01	Mar-99	
W40	J Maxwell	10.87	Oct-99	
W45	J Maxwell	10.91	Mar-05	
W50	V Hood	12.67	Apr-94	
W55	V Hood	11.51	Mar-98	
W60	G Watts	12.22	Nov-00	
W65	G Watts	11.19	Oct-05	
W70	A Wright	12.76	7/11/2020	Ngā Puna Wai

Weight Throw

4kg from 1 May 2010

W75	G Watts	11.71	06/10/2015	Rarotonga
W80	C Maloney	9.28	23/02/2020	Ngā Puna Wai
W85				
W90				

Throws Pentathlon

(pre May 2010, old age factors)

W30	J Maxwell	2974	Mar-92
W35	J Maxwell	2713	Mar-99
W40	J Maxwell	3130	2000
W45	J Maxwell	3480	Mar-05
W50	V Hood	3684	1991
W55	V Hood	3531	1996
W60	V Hood	3345	Oct-00
W65	G Watts	3567	Apr-06
W70	P Drayton	3595	Jan-06
W75	I Bishop	2489	Apr-10
W80	R Smith	2616	1999
W85	R Smith (1kg D)	3472	Dec-03
W85	R Smith (750gm D)	3033	Jan-06

Throws Pentathlon

(1st May 2010, new age factors)

W30	A McNab	2757	20/11/2016	Timaru
W35	K Charles	2094	01/03/2020	Hastings
W40	T Oudemans	2266	14/11/2020	Dunedin
W45				
W50				
W55				

*New javelin weight 500gm as at 01/01/2014 (New best performances until 2016)

*W60	S Stein-Abel	3142	19/03/2017	Rawhiti Domain
*W65 (500gm J)	B Church	2673	23/01/2018	Dunedin
*W70 (500gm J)	G Watts	3157	03/03/2014	Invercargill
W70 (400gm J)	G Watts	3353	05/07/2010	Tahiti

Change of Specifications from 1st May 2010

W75 (2kg H)	G Watts	3748	13/12/2015	Rawhiti Domain
W80 (2kg H)	G Watts	3362	27/9/2020	Rawhiti Domain