This appendix is to record individual event performances for combined events so that if age factors change, a new points total can be calculated. This will avoid having to archive records in the future. However, if implement specification change records will be archived.

In compiling this table & up-dating the records, every effort was made to local the best performances. Some point totals will vary from the original points scored, due to incorrect age factors being used previously and recent age factor changes.

However, if you still believe a performance has been over-looked, please send a copy of the meeting results, (including individual event performances) to Andrew Stark (aws@xtra.co.nz) for checking.

To help complete the task, can you supply individual event details for the records highlight in yellow?

These point totals are subject to change once the new age factors are applied.

CMA Men's Throws Pentathlon Records / Individual Event Performances & Points:

Age Factors changes: post May 2010 & revised 2023

Men		HT	SP	DT	JT	WT	Total	Date	Venue
M30									
	Points:								
M35									
	Points:								
M40	*Joden Pratten*	*31.10*	*13.08*	*42.00*	*36.80*	*11.67*		*15/03/2026*	*Inglewood*
	Points:	*412*	*762*	*721*	*461*	*589*	*2945*		
M45	Malcolm Clarke	35.29	12.11	38.41	41.95	11.80		19/03/2017	Rawhiti Domain
	Points:	530	751	699	600	647	3227		
M50	Wayne Doyle							01/03/2015	Tauranga
	Points:						3018		
M55	John McManus	19.52	8.68	23.13	22.62	7.55		15/12/2024	Nga Puna Wai
	Points:	264	533	370	304	345	1816		
M60	R Davison	44.53	10.19	37.33	31.86	16.82		05/04/2010	QEII, Christchurch
	Points:	740	636	584	494	846	3300		
M65	R Davison	40.35	9.68	39.37	31.42	13.59		14/12/2014	Rawhiti Domain
	Points:	736	661	699	555	721	3372		
M70	B Senior	36.37	10.89	33.79	27.10	12.62		07/03/2011	Hastings
	Points:	646	740	658	474	618	3136		
M75	B Senior	35.22	9.60	29.66	30.55	14.01		20/03/2016	Rawhiti Domain
	Points:	716	716	648	650	777	3507		
M80	B Senior	37.05	9.51	26.56	27.91	14.90		20/12/2020	Rawhiti Domain
		754	679	667	609	776	3485		
M85	*B Senior*	*29.70*	*8.81*	*20.06*	*22.46*	*12.31*		*13/04/2025*	*Rawhiti Domain*
	Points:	*701*	*716*	*573*	*576*	*725*	*3291*		
M90									
	Points:								

CMA Pentathlon Records / Individual Event Performances & Points:

Age Factors changes: May 2010 & revised 2023

Men		LJ	JT	200m	DT	1500m	Total	Date	Venue
M30									
	Points:								
M35									
	Points:								
M40	Jonny Baird	4.36	31.45	26.94	18.59	6:51.61		12/11/2017	Timaru
	Points:	341	374	560	252	147	**1674**		
M45									

Points:										
M50 W Doyle	5.20	43.30	26.79	34.92	5:32.00		01/03/2015	Tauranga		
Points:	673	636	711	567	592	**3179**				
M55										
Points:										
M60										
Points:										
M65										
Points:										
M70										
Points:										
M75										
Points:										
M80										
Points:										
M85										
Points:										

CMA Decathlon Records / Individual Event Performances (post May 2010):

Men	100m	LJ	SP	HJ	400m	Hur	DT	PV	JT	1500m	Total
M30											
Points:											
M35											
Points:											
M40											
Points:											
M45 W Doyle (Tauranga, February 2012)	12.99	5.19	11.19	1.55	59.47	19.56	32.20	3.00	45.01	5:34.73	
Points:	624	591	684	560	608	516	563	457	655	514	**5772**
M50 W Doyle (Wanganui, February 2016)	12.23	5.30	12.64	1.61	58.13	16.82	38.36	3.20	46.20	5:40.78	
Points:	850	700	765	696	734	704	698	517	677	483	**6824**
M55 W Doyle (Nga Puna Wai, November 2019)	13.02	5.06	11.20	1.51	62.53	18.58	37.82	3.00	40.15	5:48.25	
Points:	780	720	723	679	645	609	687	579	647	577	**6646**
M60 W Doyle (Dunedin, February 2024)	14.02	4.76	12.18	1.41	65.36	18.70	34.67	3.05	27.56	5:59.83	
Points:	717	720	720	785	622	554	533	560	409	594	**6117**
M65											
Points:											
M70											
Points:											
M75											
Points:											
M80											
Points:											
M85											
Points:											
M90											
Points:											

CMA Women's Throws Pentathlon Records / Individual Event Performances & Points:

Age Factors changes: post May 2010 & revised 2023

Women		HT	SP	DT	JT	WT	Total	Date	Venue
W30	Anna McNab	38.23	9.93	35.63	22.85	12.53		20/11/2016	Timaru
	Points:	527	525	570	342	550	**2514**		
W35	Anna Lynch	41.72	9.65	36.89	23.99	12.52		28/02/2021	Inglewood
	Points:	625	529	594	374	572	**2694**		
W40	Toni Oudemans	22.59	8.97	22.13	26.04	8.32		14/11/2020	Dunedin
	Points:	329	530	346	465	382	**2052**		
W45									
	Points:								
W50									
	Points:								
W55									
	Points:								
W60	Sissi Stein-Abel	17.47	9.64	25.09	23.63	9.81		19/03/2017	Rawhiti Domain
	Points:	331	730	651	613	496	**2821**		
W65	Beverley Church	23.10	6.30	16.46	14.29	8.42		23/01/2018	Dunedin
	Points:	542	491	447	387	467	**2334**		
W70	Glen Watts	23.44	6.87	17.50	13.55	8.44		03/03/2014	Invercargill
	Points:	543	562	548	433	501	**2587**		
W75	Glen Watts	29.55	7.91	18.09	12.39	10.51		12/12/2015	Rawhiti Domain
	Points:	715	666	570	388	650	**2989**		
W80	Glen Watts	25.61	6.72	18.55	11.81	8.59		13/03/2021	Rawhiti Domain
	Points:	722	642	698	436	607	**3105**		
W85	Colleen Maloney	17.65	4.65	9.2	7.16	8.16		29/09/2024	Nga Puna Wai
	Points:	569	491	363	286	692	**2401**		
W90									
	Points:								

CMA Women's Pentathlon Records / Individual Event Performances & Points:

Age Factors changes: May 2010 & revised 2023

Women		100m	SP	LJ	JT	800m	Total	Date	Venue
W30									
	Points:								
W35									
	Points:								
W40									
	Points:								
W45									
	Points:								
W50	Lyn Osmers	15.32	10.15	4.12	30.09	3:45.95		03/03/2014	Invercargill
	Points:	617	627	567	630	401	**2842**		
W55									
	Points:								
W60									
	Points:								
W65	Lois Anderson	16.55	7.49	3.12	13.88	3:53.02		30/11/2013	Timaru

	Points:	716	607	451	373	381	**2528**		
W70	Lois Anderson	18.77	6.41	3.02	12.31	4:06.40		12/11/2017	Timaru
	Points:	533	573	495	375	377	**2353**		
W75									
	Points:								
W80									
	Points:								
W85									
	Points:								

CMA Heptathlon Records / Individual Event Performances: (post May 2010 for all, except W60-W70 javelin 500gms, i.e. post January 2014)

		Hur	HJ	SP	200m	LJ	JT	800m	Total
W30									
	Points:								
W35	Helena Dinnissen (Nga Puna Wai – November 2019)	15.27	1.70	8.61	26.47	5.56	24.10	2:33.00	
	Points:	835	891	459	757	768	376	669	**4755**
W40									
	Points:								
W45									
	Points:								
W50									
	Points:								
W55									
	Points:								
W60									
	Points:								
W70	Lois Anderson (Perth)	19.41	1.06m	6.69m	38.85	2.87m	14.00m	3:55.30	
	Points:	573	655	603	517	433	439	456	**3676**
W75									
	Points:								
W80									
	Points:								