

CMA Track & Field Championships
@ Rawhiti Domain:
31/01/2015 & 07/02/2015

60m

W35	Rachael Simons	9.62
W50	Lyn Osmer	10.00
W65	Lois Anderson	10.82
M40	Jonny Baird	8.23
M60	Jeff Barnfield (CMA Record)	8.88
M80	Max Wood	11.02
M80	Robert Heseltine	15.48

100m

W35	Rachael Simons	15.45
W50	Lyn Osmer	16.21
W65	Lois Anderson	17.66
M40	Nick Bolton	12.61
M40	Jonny Baird	13.18
M60	Jeff Barnfield	14.18
M80	Max Wood	18.21
M80	Robert Heseltine	40.28

200m

W35	Rachael Simons	32.89
W65	Lois Anderson	37.81
M60	Ian Purvis	29.02
M60	Jeff Barnfield	29.55
M80	Max Wood	39.71
M80	Robert Heseltine	59.31

300m

W35	Rachael Simons	54.95
W65	Lois Anderson	63.23
M60	Jeff Barnfield (CMA Record)	48.34
M70	Michael Bond	58.10
M80	Max Wood	71.43

400m

W45	Ian Purvis	
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800m

W55	Bernadette Jago	3:02.65
W65	Loris Reed	3:08.57
W65	Margaret Flanagan	3:19.82
M45	Ian Purvis	2:17.66
M45	Malcolm Cornelius	2:18.37
M55	Andrew Stark	2:22.42
M55	Tom Reihana	3:07.16
M55	Michael Riley	2:46.27
M60	Noel Burr	2:50.10
M65	John Mulvaney	3:09.00

1500m

W55	Bernadette Jago	6:04.90
W65	Loris Reed	6:29.24
W65	Margaret Flanagan	6:34.92
M40	Chris Mardon	4:41.75
M40	Richard Malloch	5:15.66
M45	Malcolm Cornelius	4:46.88
M45	Ian Purvis	4:50.77
M50	Nigel Whalley	5:34.11
M55	Andrew Stark	5:14.55
M55	Clive Kitchingman	5:26.66
M55	Michael Riley	6:01.41
M60	Iain Chinnery	5:51.75
M60	Kevin Prendergast	7:48.89
M65	John Mulvaney	6:41.24
M70	Michael Bond	5:56.06
M70	Peter Coughlan	7:56.49

3000m

W55	Bernadette Jago	12:34.20
M40	Chris Mardon	9:56.76
M40	Richard Malloch	11:00.86
M55	Clive Kitchingman	11:24.67
M60	Iain Chinnery	12:12.88
M65	John Mulvaney	15:25.75
M60	Kevin Prendergast	16:26.37
M70	Jo Galavazi	16:35.61
M70	Peter Coughlan	16:39.11
M70	Allan Gardiner	20:20.70

5000m (Run on 14th December 2013)

W55	Bernadette Jago	21:43.44
M40	Chris Mardon	17:54.32
M45	Malcolm Cornelius	18:16.92
M50	Nigel Whalley	20:46.83
M55	Clive Kitchingman	20:05.91
M65	John Mulvaney	26:27.84
M70	Michael Bond	22:01.40
M70	Jos Galavazi	27:55.36

10000m (Run on 13th December 2014)

M55	Clive Kitchingman	41:34.92
M70	Michael Bond	44:16.53

3000m Track Walk

W65	Shirley Rolston	22:36.31
W70	Ann Henderson	24:12.16

2000m Steeplechase (Run on 24 Jan 2015)

M40	Richard Malloch	8:15.32
M60	Kevin Prendergast	11:48.08
M70	Michael Bond	9:04.47

Long Jump		
W50	Lyn Osmers	3.87
W65	Lois Anderson	3.04
M75	Alan J Hunter	1.70
High Jump		
W35	Rachel Simons	1.35
W50	Lyn Osmers	1.30
M75	Alan Hunter	0.80
Triple Jump		
W50	Lyn Osmers	8.82
W65	Lois Anderson	6.67
Shot Put		
W35	Rachel Simons	7.06
W50	Lyn Osmers	10.34
W65	Lois Anderson	6.98
W65	Beverley Church	6.19
W65	Alison Wright	5.05
W65	Shirley Rolston	5.03
W70	Justine Whitaker	6.41
W70	Glen Watts	5.68
W75	Barbara Bird	5.67
W75	Gwyn Heseltine	5.30
M65	Richard Davison	9.28
M70	Brian Senior	9.42
M75	Alan J Hunter	5.15
Discus		
W35	Rachel Simons	19.08
W65	Beverley Church	16.84
W65	Lois Anderson	15.48
W70	Justine Whitaker	16.95
W75	Barbara Bird	13.89
W75	Gwyn Heseltine	10.55
M65	Richard Davison	37.57
M70	Brian Senior	29.88
M75	Alan J Hunter	15.06

Javelin		
W35	Rachel Simons	16.77
W50	Lyn Osmers	27.49
W65	Lois Anderson	14.29
W65	Loris Reed	13.96
W65	Beverley Church	13.63
W65	Alison Wright	13.06
W65	Shirley Rolston	10.18
W70	Justine Whitaker	12.14
W70	Glen Watts	11.81
W75	Barbara Bird	13.26
W75	Gwyn Heseltine	8.10
M65	Richard Davison	31.62
M70	Brian Senior	19.97
M75	Alan J Hunter	12.97
Hammer		
W65	Beverley Church	21.99
W65	Loris Reed	17.22
W65	Shirley Rolston	17.09
W65	Alison Wright	16.00
W70	Glen Watts	22.99
W70	Justine Whitaker	17.52
W75	Gwyn Heseltine	19.69
W75	Barbara Bird	17.04
M65	Richard Davison	37.52
M70	Brian Senior	36.71
M75	Alan J Hunter	16.85
Weight Throw		
W65	Lois Anderson	7.74
W65	Beverley Church	7.67
W70	Justine Whitaker	7.65
W75	Gwyn Heseltine	7.01
W75	Barbara Bird	5.17
M65	Richard Davison	14.18
M70	Brian Senior	14.28
M75	Alan J Hunter	8.33