

31st SOUTH ISLAND MASTERS ATHLETICS TRACK & FIELD CHAMPIONSHIPS

Alpine Energy All Weather Track, Aorangi Park,
Morgans Road, Timaru | 2 - 4 December 2011



Surname

First Name

Postal Address

Telephone No.

M/F

Date of Birth

Age Grade

Centre

NZMA No. 2011/12

Email

Signed

Date

I declare that I am a financial member of NZMA for the 2011/12 year. Neither the organisers, the sponsors, nor other parties associated with the events shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in these championships or related activities. I authorise my name, voice or picture and any information on this entry form to be used without payment to me in any broadcast, telecast promotion, advertising, or in any other way relating to this event, pursuant to the Privacy Act 1993.

Tick events entered		(Check the programme for correct events for your age group)
<input type="checkbox"/>	60m	3000m Track Walk
<input type="checkbox"/>	100m	5000m Track Walk
<input type="checkbox"/>	200m	Long Jump
<input type="checkbox"/>	400m	Triple Jump
<input type="checkbox"/>	800m	High Jump
<input type="checkbox"/>	1500m	Pole Vault
<input type="checkbox"/>	3000m	Shot Put
<input type="checkbox"/>	5000m	Discus
<input type="checkbox"/>	80m Hurdles	Javelin
<input type="checkbox"/>	100m Hurdles	Hammer
<input type="checkbox"/>	110m Hurdles	Weight Throw
<input type="checkbox"/>	2000m Steeplechase	Pentathlon
<input type="checkbox"/>	3000m Steeplechase	Throws Pentathlon

ENTRIES CLOSE - Monday 14th November 2011

CHEQUES PAYABLE TO
Mid-South Canterbury Sub Centre

PAYMENTS ONLINE
Westpac Timaru
A/C 03 0887 0243651 00
Reference: SI Masters (remember to give your name)

ENTRIES AND ENQUIRES TO
Mid-South Canterbury Sub Centre
C/- Helen Mackle
212 Mackle Road RD 26
Temuka 7986
Email: m.h.mackle@extra.co.nz

AGE GROUPS -
From 30+ for both men & women. Age as at the first day of competition (even if you do not actually compete on the first day of competition).
Remember to wear the correct colour patch as listed below on the top rear of your singlet:

30+ Light Blue, **35+** Light Green, **40+** Gold, **45+** Black,
50+ Red, **55+** Emerald Green, **60+** Royal Blue, **65+** Yellow,
70+ Lilac, **75+** Maroon, **80+** Orange, **85+** White, **90+** Brown.

Subject to entry numbers, events may be combined.

We need your help. As with most centres we have good keen band of officials but we need outside help. If you have an official grading this is fine but by no means essential.

OFFICIALS REGISTRATION	
Name	
Address	
Phone No	
Email	
Grading	
Preferred Event(s)	
2nd Choice	
3rd Choice	

ENTRY FEES

NZMA Fee	\$ 10.00
First Event @ \$10.00	\$ 10.00
Each additional event @ \$4.00	\$
Multi Events @ \$6.00	\$
Saturday Dinner	\$ 35.00

Total Enclosed \$

COMPETITION PROGRAMME

Friday 2 December

TRACK			FIELD		
Time	Event	Grade	Time	Event	Grade
6.00pm	Hurdles	M/W	6.00pm	Weight Throw	W
				Triple Jump	M/W
6.30pm	3000m	M/W	6.45pm	Weight Throw	M
7.00pm	60m	M/W	7.00pm	Pole Vault	M/W

Saturday 3 December

9.00am	1500m	M	9.00am	Shot Put	W30-59
				Long Jump	M30-49
				Discus	W60-69
				Javelin	W70+
9.30am	1500m	W	9.30am	High Jump	M50+
10.00am	100m	M/W	10.00am	Long Jump	W60+
				Shot Put	M70+
				Javelin	W60-69
				Discus	W30-59
10.30am	3000m Track Walk	M/W	10.30am	High Jump	W30-59
11.00am	400m	M/W	11.00am	Shot Put	M60-69
				Hammer	W30+
				Discus	M30-59
				Javelin	M70+
				Long Jump	M50-59
12.15pm	LUNCH BREAK - Welcome & Announcements - Delegates Meeting - South Island Masters AGM				
1.00pm	800m	M/W	1.00pm	Shot Put	W60+
				Hammer	M30-59
				Discus	M60-69
				Javelin	W30-59
				High Jump	M30-49
			1.30pm	Long Jump	W30-59
2.00pm	200m	M/W	2.00pm	Hammer	M60+
				Discus	W70+
				Javelin	M30-59
				High Jump	W60+
			2.30pm	Long Jump	M60+
2.45pm	800m Pentathlon	W	2.45pm	Javelin	M60-69
	1500m Pentathlon	M		Shot Put	M30-59
				Discus	M70+
3.15pm	4 x 100m Relay	M/W			
3.30pm	3000m Steeplechase	M			
4.00pm	2000m Steeplechase	M/W			

Sunday 4 December

10.00am	5000m	M	8.30am	Throws Pentathlon	W30-59
10.45am	5000m	W	9.00am	Throws Pentathlon	W60+
11.15am	5000m Track Walk	M/W	9.30am	Throws Pentathlon	M

Athletes Information

RACE PACKS

Pick up race packs from the Alpine Energy All Weather Track
Friday track open 5pm onwards and Saturday 8-10am.
 Track gates will be open from 4pm onwards, on Friday.

SATURDAY DINNER

This will be held at Poplars Reception Centre, 891 Pleasant Point Highway, Timaru, starting at **6:30pm Saturday 3rd December 2011.**

ACCOMMODATION ENQUIRIES:

Timaru I-site
 Tel: 03-687 9997
www.southisland.org.nz
 email: timaruinfo@southisland.org.nz

ANNUAL GENERAL MEETING

will be held from **12.20pm to 1.00pm** in the Aorangi Pavillion, Saturday 3rd December 2011.