Canterbury Masters Women's Track Event Records (Updated Mar 2022)

60 metres				
W30	F Morrison	7.76	12/1/2019	Ngā Puna Wai
W35	*H Dinnissen*	*7.85*	*15/01/22*	*Ngā Puna Wai*
W40	P Reid	9.19	Feb-02	
W45	L Martin	8.83	20/02/2011	QEII
W50	L Martin	8.58	22/1/2018	Dunedin
W55	L Osmers	9.95	20/02/2011	Rawhiti Domain
W60	J Russell	9.54	7/3/2021	Ngā Puna Wai
W65	L Anderson	10.22	11/01/2014	Bendigo
W70	L Anderson	11.10	01/09/2019	Mackay
W75	S Peterson	11.2H	Jan-08	
W80	I Bishop	19.18	28/02/2015	Tauranga
100 metres				
W30	B Peterson	12.01	Feb-92	
W35	B Peterson	12.15	1993	
W40	A Horsnell	12.89	Jan-81	
W45	A Horsnell	12.9H	Sep-83	
	A Horsnell	13.39	Sep-83	
W50	S Peterson	13.50	Mar-82	
W55	S Peterson	13.6H	1984	
	S Peterson	14.26	Apr-88	
W60	S Peterson	13.9H	1989	
	S Peterson	14.17	Feb-89	
W65	S Peterson	14.62	1994	
W70	S Peterson	16.0H	Feb-99	
W75	S Peterson	17.99	Feb-04	
W80	S Peterson	20.44	03/04/2010	QEII
200 metres				
W30	F Morrison	24.62	2/2/2019	Ngā Puna Wai
W35	B Peterson	24.89	1993	
W40	A Horsnell	27.13	Jan-81	
W45	A Horsnell	27.51	Sep-83	
W50	L Martin	28.31	9/12/2017	Timaru
W55	S Peterson	28.5H	Mar-85	
	S Peterson	29.66	Feb-87	
W60	S Peterson	29.0H	Feb-89	
	S Peterson	30.00	Aug-89	
W65	S Peterson	31.38	1994	
W70	L Anderson	38.58	05/09/2019	Mackay
W75	S Peterson	40.73	Mar-07	
300 metres				
W30	F Morrison	40.45	12/10/2019	Ngā Puna Wai
W40	L Martin	49.28	Feb – 10	QEII
W45	L Martin	45.6H	09/01/2011	QEII
W50	L Martin	47.91	18/11/2017	Rawhiti Domain
W55	G Kirkman	44.59	Feb-07	
W60	J Russell	53.76	30/12/2020	Ngā Puna Wai
W65	L Laban	57.06	11/02/2017	Rawhiti Domain
W70	C Thompson	75.3h	19/02/2011	Rawhiti
400 metres				
W30	M Stephen	56.45	Feb-01	
W35	M Stephen	56.98	Oct-02	
W40	E Smeaton	61.56	Feb-93	

W45	L Martin	64.30	09/02/2011	QEII
W50	L Martin	65.65	25/01/2018	Dunedin
W55	G Kirkman	64.13	Sep-07	
W60	L Reed	80.88	Feb-09	
W65	L Laban	77.40	03/04/2017	Nelson
W70	L Reed	85.52	10/11/2017	Timaru

800 metres

W30	G Talbot	2:18.72	Feb-85	
W35	J Merrifield	2:09.7	Mar-91	
W40	E Smeaton	2:15.87	Sep-93	
W45	L Reed	2:34.1	Feb-94	
W50	M Chorley	2:28.09	25/01/2018	Dunedin
W55	L Reed	2:42.17	Mar-04	
W60	L Reed	2:52.45	Feb-09	
W65	J Miles	3:13.14	Mar-09	
W70	L Reed	3:09.70	12/11/2017	Timaru
W75	J Roots	4:38.0H	03/03/2019	Timaru

1500 metres

W30	G Talbot	4:51.3	Mar-85	
W35	M O'Connor	4:34.73	Feb-94	
W40	A Clarke	4:42.71	Feb-01	
W45	B Fortune	5:08.01	Feb-99	
W50	M Chorley	5:01.29	25/01/2018	Dunedin
W55	L Reed	5:25.67	Mar-04	
W60	L Reed	5:40.67	Feb-08	
W65	L Reed	6:02.81	1/12/2012	Nelson
W70	L Reed	6:28.3H	12/11/2017	Timaru
W75	J Roots	9:18.83	02/03/2019	Timaru

1 Mile

W30	***A McLeod***	***5:20.18***	***29/12/21***	***Ngā Puna Wai***
W35	M O'Connor	4:57.66	Dec-93	
W40	S Litt	6:50:66	30/12/2020	Ngā Puna Wai
W60	L Reed	6:10.6H	Mar-08	

3000 metres

W30	***H Oldroyd***	***10:00.85***	***29/12/2021***	***Ngā Puna Wai***
W35	M O'Connor	9:22.09	Jan-93	
W40	M O'Connor	9:42.45	1996	
W45	M Stokes	10:53.2	Dec-88	
W50	M Chorley	10:50.76	06/01/2018	Timaru
W55	L Reed	11:18.09	Nov-04	
W60	L Reed	12:07.03	Jan-08	
W65	M Flanagan	13:39.52	01/03/2019	Timaru
W70	L Reed	13:41.60	10/11/2017	Timaru
W75	J Roots	20:00.00	01/03/2019	Timaru

5000 metres

W30	V Lyndsey	20:20.0	Jan-83	
W35	M O'Connor	16:03.12	Feb-93	
W40	M O'Connor	16:43.03	1996	
W45	B Fortune	18:44.93	Feb-99	
W50	M Chorley	19:06.38	11/11/2017	Timaru
W55	L Reed	19:36.1	Feb-04	
W60	L Reed	20:49.31	Dec-07	
W65	L Reed	21:56.10	2/12/2012	Nelson
W70	C Thompson	27:37.83	04/12/2011	Timaru

10000 metres

W35	M O'Connor	33:58.54	Mar-94	
W40	A Clarke	37:05.96	Jan-01	
W45	M Stokes	38:23.9	Dec-88	
W50	L Reed	39:38.6	Jan-01	
W55	L Reed	40:38.0	2003	
W60	L Reed	42:48.58	Dec-08	
W65	C Thompson	51:49.48	Mar-05	
W70	C Thompson	58:20.18	20/08/2011	BHS

2000 metres Steeplechase

W35	C Burr	8:20.17	Jan-01	
W40	B Fortune	8:48.39	Jan-98	
W45	B Fortune	8:25.97	Mar-99	
W50	L Reed	7:58.78	Jan-00	
W55	L Reed	8:26.36	Mar-05	
W60	L Reed	8:45.43	Jan-08	
W65	L Reed	9:20.23	01/12/2012	Nelson
W70	L Reed	9:43.19	11/11/2017	Timaru

1500 metres Track Walk

W60	Shirley Rolston	12:51.6	Mar-08	
W65	Ann Henderson	10:13.6	Mar-09	

3000 metres Track Walk

W30	S de Groot	15:02.2	Feb-91	
W35	D Pittwood-Adams	18:07.66	Jan-06	
W40	L Woodward	18:10.9	Mar-97	
W45	A Milner	17:53.5	Mar-99	
W50	S Rolston	17:57.49	Nov-00	
W55	M Slattery	18:33.0	Feb-91	
W60	S Rolston	20:17.09	01/12/2012	Nelson
W65	A Henderson	20:40.12	Mar-07	
W70	A Henderson	22:03.07	04/12/2010	Invercargill
W75	A Henderson	24:55.47	20/11/2016	Timaru

5000 metres Track Walk

W30	S Jerrett	31:51.1	Feb-93	
W35	A Milner	30:40.2	Oct-91	
W40	L Woodward	30:58.0	Feb-93	
W45	A Milner	31:16.9	Feb-99	
W50	S Rolston	32:46.1	Feb-99	
W55	M Slattery	32:22.9	Oct-91	
W60	A Henderson	36:39.0	Feb-02	
W65	A Henderson	37:17.96	Aug-08	
W70	A Henderson	38:14.81	05/12/2010	Invercargill

80 metres Hurdles

W40	L Osmers	13.97	Feb-03	
W45	L Welford	15.3H	Feb-93	
	L Anderson	15.3H	Mar-96	
	V Hood	16.88	Oct-88	
W50	L Martin	13.55	03/03/2018	Whangarei
W55	G Kirkman	14.19	Sep-07	
W60	L Anderson	17.06	Feb-08	
W65	S Peterson	18.44	Nov-97	
	L Anderson	18.44	05/02/2012	Tauranga
W70	S Peterson	17.72	Feb-00	

100 metres Hurdles

W30	F Morrison	13.62	07/03/2020	Ngā Puna Wai
W35	H Dinnissen	14.85	07/03/2020	Ngā Puna Wai

200 metres Hurdles **(New event from 01 June 2008)**

W70				
W75				

300 metres Hurdles

W30	H Dinnissen	50.42	11/11/2017	Timaru
W35	J Ramsay	55.76	25/11/2017	Rawhiti Domain
W50	L Martin	49.04	09/12/2017	Timaru
W55	G Kirkman	50.75	Sep-07	

400 metres Hurdles

W30	M Stephen	66.98	Mar-02	
W35	J Ramsay	75.92	03/03/2019	Timaru

Pentathlon (NZ) **(pre May 2010, old age factors)**

W35	L Osmers	2048	Feb-00	
W40	L Osmers	3608	Oct-02	
W45	L Sowman	1040	1999	
W50	G Kirkman	3157	Jan-05	
W55	L Reed	3076	Jan-05	
W60	S Peterson	3204	1992	
W65	M Slattery	2457	2001	

Pentathlon (NZ) **(1st May 2010, new age factors)**

W35				
W40				
W45				
W50	L Osmers	2876	02/03/2014	Invercargill
W55				
W60				
W65	L Anderson	2813	30/11/2013	Timaru

New javelin weight 500gm as at 01/01/2014 (New best performances)

*W60				
*W65				
*W70	L Anderson	2764	25/01/2018	Timaru
W75				
W80				

Heptathlon **(pre May 2010, old age factors)**

W40	L Osmers	5038	2003	
W45	L Anderson	4242	Mar-06	
W50	L Anderson	3887	Jul-07	
W55	G Watts	3307	Mar-96	
W60				
W65	S Peterson	5275	Mar-96	

Heptathlon **(1st May 2010, new age factors)**

W60	L Anderson	3582	05/07/2010	Tahiti

Canterbury Masters Inc Women's Field Event Records (Updated March 2022)

Long Jump

W30	*K Berryman*	*6.06*	*5/03/2022*	*Hastings*
W35	H Dinnissen	5.89	22/02/2020	Ngā Puna Wai
W40	L Osmers	5.14	Mar-02	
W45	L Anderson	4.45	Mar-96	
W50	S Peterson	4.69	May-82	
W55	S Peterson	4.60	Mar-85	
W60	S Peterson	4.32	Feb-89	
W65	S Peterson	4.17	1995	
W70	S Peterson	3.48	Jan-00	
W75	S Peterson	3.20	10/03	
W80	S Peterson	2.60	14/02/2010	QEII

Triple Jump

W30	H Dinnissen	11.85	31/08/2019	Mackay
W35	H Dinnissen	11.63	19/02/2021	Ngā Puna Wai
W40	L Osmers	10.55	Oct-02	
W45	J Senior	9.32	Dec-92	
W50	L Osmers	8.85	08/03/2014	Rawhiti Domain
W55	L Anderson	8.55	2002	
W60	S Peterson	8.73	Oct-91	
W65	S Peterson	9.03	Oct-93	
W70	S Peterson	7.87	Feb-99	
W75	S Peterson	6.95	2003	
W80	S Peterson	5.63	26/02/2010	QEII

High Jump

W30	H Dinnissen	1.71	06/09/2019	Mackay
W35	H Dinnissen	1.63	08/02/2020	
W40	L Osmers	1.57	Oct-02	
W45	L Osmers	1.40	3/04/2010	QEII
W50	L Osmers	1.41	12/02/2011	QEII
W55	L Osmers	1.33	05/03/2017	Nelson
W60	L Anderson	1.14	Dec-08	
W65	S Peterson	1.15	1994	
W70	L Anderson	1.08	04/03/2017	Nelson
W75	S Peterson	0.95	Oct-03	

Pole Vault

W35	J Maxwell	1.70	Feb-99	
W40	L Osmers	1.70	Feb-03	
W45	L Anderson	1.50	Feb-96	
W50	L Anderson	1.80	Feb-98	
W55	L Anderson	1.80	2002	
W65	S Peterson	1.35	Mar-95	

Discus Throw

W30	J Maxwell	42.42	Dec-89	
W35	S Mene	41.74	Feb-85	
W40	V Young	43.48	Jan-81	
W45	V Hood	31.78	Jan-85	
W50	V Young	43.82	Oct-88	
W55	S Stein-Abel	28.78	28/01/2017	Rawhiti Domain
W60	S Stein-Abel	27.07	10/02/2018	Rawhiti Domain
W65	G Watts	21.25	Jan-08	
W70	G Watts	19.10	05/02/2012	Tahiti

Discus Throw 750gm from 1 May 2010

W75	J Whitaker	20.36	28/01/2017	Rawhiti Domain
W80	G Watts	18.55	14/03/2021	Rawhiti Domain
W85	R Smith	9.41	Jan-06	
Changed from 1.00kg 01/01/08. Officially 01/05/08				
W90	R Smith	8.79	Feb-09	

Javelin Throw

W30	J Maxwell	40.18	Mar-90	
W35	S Mene	39.78	Oct-87	
W40	L Osmers	37.67	Oct-02	
W45	L Osmers	29.76	03/04/02010	QEII
W50	L Osmers	33.36	18/12/2010	QEII
W55	L Osmers	29.80	26/02/2016	Dunedin
W60 (400gm)	B Bird	23.03	Jan-00	
W65 (400gm)	B Bird	21.80	Feb-08	
W70(400gm)	B Bird	21.54	14/03/2010	QEII
**New weight 500gm as at 01/01/2014 (New best performances)				
W60 (500gm)	S Stein Abel	27.93	23/02/2020	Ngā Puna Wai
W65 (500gm)	B Church	15.85	3/03/2018	Whangarei
W70 (500gm)	B Bird	15.96	18/01/2014	Rawhiti Domain
W75	G Watts	16.20	05/10/2016	Rarotonga
W80	G Watts	11.81	14/03/2021	Rawhiti Domain
W85	R Smith	8.52	2004	
W90	R Smith	7.45BP	Feb-09	

Shot Put

W30	J Maxwell	14.68	Nov-89	
W35	S Mene	11.61	1988	
W40	V Young	13.31	Jan-81	
W45	J Maxwell	10.14	Mar-05	
W50	V Young	14.85	Nov-87	
W55	L Osmers	10.57	07/11/2015	Rawhiti Domain
W60	L Osmers	9.53	13/03/2021	Rawhiti Domain
W65	L Anderson	7.75	30/09/2012	Rawhiti
W70	P Drayton	7.50	Jan-06	

Shot Put 2kg from 1st May 2010

W75	G Watts	8.27	06/10/2015	Rarotonga
W80	G Watts	6.87	23/01/2021	Ngā Puna Wai
W85				
W90				

Hammer Throw

W30	A Lynch	41.57	14/11/2020	Dunedin
W35	***A Lynch***	***43.51***	***6/32/2022***	***Ngā Puna Wai***
W40	J Maxwell	32.30	Feb-01	
W45	H Steer	32.53	Jan-98	
W50	V Hood	38.42	Feb-94	
W55	V Hood	35.84	Jan-96	
W60	G Watts	29.66	Nov-01	
W65	G Watts	28.85	Nov-08	
W70	G Watts	25.80	20/02/2011	QEII

Hammer Throw 2kg from 1st May 2010

W75	G Watts	30.63	20/11/2015	Timaru
W80	G Watts	25.61	14/03/2021	Rawhiti Domain
W85				
W90				

Weight Throw

W30	A Lynch	12.46	21/11/2020	Ngā Puna Wai
W35	A Lynch	12.53	19/02/2021	Ngā Puna Wai
W40	J Maxwell	10.87	Oct-99	
W45	J Maxwell	10.91	Mar-05	
W50	V Hood	12.67	Apr-94	
W55	V Hood	11.51	Mar-98	
W60	G Watts	12.22	Nov-00	
W65	G Watts	11.19	Oct-05	
W70	P Drayton	11.09	Sep-07	

Weight Throw **4kg from 1 May 2010**

W75	G Watts	11.71	06/10/2015	Rarotonga
W80	***J Whitaker***	***9.81***	***18/02/2022***	***Ngā Puna Wai***
W85				
W90				

Throws Pentathlon **(pre May 2010, old age factors)**

W30	J Maxwell	2974	Mar-92
W35	J Maxwell	2713	Mar-99
W40	J Maxwell	3130	2000
W45	J Maxwell	3480	Mar-05
W50	V Hood	3684	1991
W55	V Hood	3531	1996
W60	V Hood	3345	Oct-00
W65	G Watts	3567	Apr-06
W70	P Drayton	3595	Jan-06
W75	I Bishop	2489	Apr-10
W80	R Smith	2616	1999
W85	R Smith (1kg D)	3472	Dec-03
W85	R Smith (750gm D)	3033	Jan-06

Throws Pentathlon **(1st May 2010, new age factors)**

W30	A McNab	2757	20/11/2016	Timaru
W35	A Lynch	3062	28/02/2021	Inglewood
W40	T Oudemans	2266	14/11/2020	Dunedin
W45				
W50				
W55				

*New javelin weight 500gm as at 01/01/2014 (New best performances until 2016)

*W60	S Stein-Abel	3142	19/03/2017	Rawhiti Domain
*W65 (500gm J)	B Church	2673	23/01/2018	Dunedin
*W70 (500gm J)	G Watts	3157	03/03/2014	Invercargill
W70 (400gm J)	G Watts	3353	05/07/2010	Tahiti

Change of Specifications from 1st May 2010

W75 (2kg H)	G Watts	3748	13/12/2015	Rawhiti Domain
W80 (2kg H)	G Watts	3836	14/03/2021	Rawhiti Domain

Canterbury Masters Inc Men's Track Event Records (Updated March 2022)

60 metres				
M30	N Ash	7.38	23/11/2019	Ngā Puna Wai
M35	J Black	7.78	14/02/2010	QEII
M40	N Bolton	7.53	05/04/2015	Sydney
M45	N Bolton	7.57	29/03/2019	Melbourne
M50	***J Baird***	***8.20***	***18/02/22***	***Ngā Puna Wai***
M55	J Campbell	7.73	21/11/2020	Ngā Puna Wai
M60	P O'Halloran	8.3H	Feb-01	
	J Barnfield	8.69	28/02/2015	Tauranga
M65	P O'Halloran	8.95	Feb-05	
M70	M Wood	8.9H	Mar-03	
	R Munro	9.46	05/07/2010	Tahiti
M75	M Wood	9.43	Mar-08	
	M Fraser	9.43	28/02/2015	Tauranga
M80	M Wood	10.1h	13/03/2013	Rawhiti Domain
	M Wood	10.51	11/01/2014	Rawhiti Domain
M85	M Wood	11.55	2/3/2019	Ngā Puna Wai
100 metres				
M30	N Ash	11.18	08/02/2020	Ngā Puna Wai
M35	R Auimatagi	11.52	1979	
M40	B McPhail	11.49	Jul-81	
M45	B McPhail	11.53	Sep-83	
	B McPhail	11.3h	Dec-83	
M50	B McPhail	11.57	Nov-87	
M55	***J Campbell***	***12.02***	***24/07/2021***	***Ames, Iowa***
M60	B McPhail	12.56	Mar-97	
M65	B McPhail	13.14	Feb-02	
M70	M Wood	14.33	Oct-03	
	M Wood	14.1h	Mar-03	
M75	M Wood	14.91	Mar-09	
M80	M Wood	16.8h	13/03/2013	Rawhiti Domain
M85	M Wood	19.05	17/11/2018	Ngā Puna Wai
200 metres				
M30	N Ash	22.50	01/02/2020	Brisbane
M35	N Ash	23.20	30/1/2021	Ngā Puna Wai
M40	B McPhail	23.00	Mar-79	
M45	B McPhail	22.8H	Mar-82	
	B McPhail	23.14	Sep-83	
M50	B McPhail	23.77	Dec-87	
M55	J Campbell	24.32	7/2/2021	Ngā Puna Wai
M60	B McPhail	25.71	Mar-97	
M65	B McPhail	27.48	Feb-02	
M70	M Fraser	29.16	Dec-09	
M75	M Wood	30.74	Mar-08	
M80	M Wood	37.68	16/11/2013	Rawhiti Domain
M85	M Wood	43.03	12/1/2019	Ngā Puna Wai
300 metres				
M35	V Lusis	41.15	30/12/2020	Ngā Puna Wai
M45	N Bolton	39.58	27/12/2019	Ngā Puna Wai
M50	J Barnfield	44.59	Feb-07	
M55	J Campbell	40.22	30/12/2020	Ngā Puna Wai
M60	J Barnfield	48.34	31/01/2014	Rawhiti Domain
M65	M Fraser	45.28	Jan-05	
M70	M Wood	52.3H	Nov-07	

M75	M Wood	51.64	Feb-09	
M80	M Wood	61.6h	13/03/2013	Rawhiti Domain
M85	M Wood	76.71	09/02/2019	Ngā Puna Wai

400 metres

M30	N Ash	49.66	15/02/2020	Hamilton
M35	N Ash	50.61	27/03/2021	Hastings
M40	M Fraser	53.12	Jan-81	
	M Fraser	52.9H	Mar-81	
M45	B McPhail	52.10	Sep-83	
M50	B McPhail	54.2H	Oct-87	
	M Fraser	54.41	Aug-89	
M55	B McPhail	55.73	Mar-92	
M60	M Fraser	61.14	Feb-01	
M65	M Fraser	62.94	Feb-06	
M70	M Wood	66.29	Apr-03	
M75	M Wood	71.96	Mar-08	
M80	M Wood	1:30.8	13/03/2013	Rawhiti Domain
M85	R Boland	2.03.30	03/04/2010	QEII

800 metres

M30	***S Petty***	***1:53.10***	***5/03/2022***	***Hastings***
M35	D Macdonald	1:59.2	Jan-04	
M40	B Hunter	1:57.8	Mar-91	
M45	P Spinks	2:02.40	24/2/2018	Timaru
M50	A Stark	2:03.13	Mar-09	QEII
M55	C Kernahan	2:10.11	Jan-81	
M60	A Stark	2:18.72	23/02/2020	Ngā Puna Wai
M65	T McManus	2:29.76	05/03/2017	Nelson
M70	M Wood	2:40.2	Apr-03	
M75	R Stevens	2:55.41	Feb-09	
M80	G McPherson	3:27.3	Mar-98	
M85	R Boland	5:01.19	04/01/2010	QEII

1500 metres

M30	***S Petty***	***3:56.10***	***18/02/2022***	***Ngā Puna Wai***
M35	D Macdonald	3:57.40	Feb-94	
M40	R Bennett	3:55.08	Feb-07	
M45	T McManus	3:59.95	Feb-95	
M50	J D Macdonald	4:16.1H	Dec-84	
	A Stark	4:16.37	Aug-09	Lahiti - Finland
M55	T McManus	4:19.38	Feb-07	
M60	T McManus	4:28.61	18/03/2010	QEII
M65	T McManus	4:50.11	29/11/2014	Dunedin
M70	G McPherson	5:36.60	1990	
M75	R Stevens	5:53.43	Feb-09	
M80	G McPherson	7:33.4	Mar-98	
	S Gawler	7:33.4h	Dec-09	

3000 metres

M30	***C Shields***	***8:37.06***	***3/12/2021***	***Ngā Puna Wai***
M35	D King	9:51.71	13/2/2021	Ngā Puna Wai
M40	R Bennett	8:28.09	Feb-07	
M45	R Bennett	8:40.48	18/03/2010	QEII
M50	T McManus	9:07.40	Feb-02	
M55	T McManus	9:17.50	Feb-05	
M60	T McManus	9:42.97	17/03/2012	Dunedin
M65	T McManus	10:36.48	26/02/2017	Dunedin
M70	S Opie	11:57.7	Feb-97	
M75	R Stevens	12:19.68	Feb-10	
M80	S Gawler	15:54.94	05/02/2011	QEII

5000 metres

M30	***O Inkster-Baynes***	***14:39.55***	***12/02/2022***	***Ngā Puna Wai***
M35	D Macdonald	15:05.02	Feb-94	
M40	E Gray	14:38.22	Feb-85	
M45	E Gray	15:00.5	Dec-84	
M50	J D Macdonald	15:51.5	Dec-84	
M55	J D Macdonald	16:33.3	Nov-89	
M60	T McManus	17:12.0H	Nov-09	
M65	T McManus	18:25.08	03/03/2017	Nelson
M70	R Stevens	20:14.3	Mar-04	
M75	R Stevens	21:03.64	Dec-09	
M80	S Gawler	26:20.59	02/04/2010	QEII

10000 metres

M30	***T Richards***	***31:55.50***	***2/04/2022***	***Ngā Puna Wai***
M35	***A Good***	***30:12.59***	***2/04/2022***	***Ngā Puna Wai***
M40	E Gray	30:21.67	Jan-85	
M45	E Gray	30:58.0	Mar-92	
M50	R Stevens	33:47.3	Feb-84	
M55	J D Macdonald	34:08.9	Dec-89	
M60	S Opie	36:22.52	Mar-86	
M65	S Opie	38:31.4	Mar-91	
M70	S Opie	40:36.3	Mar-97	
M75	R Stevens	42:04.32	Dec-09	
M80	S Gawler	54:08.44	04/04/2010	QEII

1 Mile

M35	***S Kerr***	***4:59.01***	***29/12/2022***	***Nga Puna Wai***
M40	M Cunningham	5:36.83	30/12/2020	Ngā Puna Wai
M50	A Stark	4:42.04	Dec-09	QEII
M55	***M Cornelius***	***5:19.36***	***29/12/2021***	***Ngā Puna Wai***
M60	T McManus	4:51.85	08/01/2012	Timaru
M65	R Ward	6:22.50	30/12/2020	Ngā Puna Wai
M70	***J Mulvaney***	***8:15.10***	***29/12/2021***	***Ngā Puna Wai***

2000 metres Steeplechase

M60	W Hume	7:13.2	Jul-99	
M65	W Hume	8:13.80	Jan-06	
M70	W Hume	8:26.85	Aug-09	
M75	M Bond	9:43.96	02/03/2019	Timaru
M80	I Brownie	15:59.22	18/12/2010	QEII

3000 metres Steeplechase

M35	J D Macdonald	9:44.6	1974
M40	J D Macdonald	9:14.4	1977
M45	J D Macdonald	9:22.3	1980
M50	G Harney	11:24.35	Jan-00
M55	W Hume	10:57.46	1994

3000 metres Track Walk

M35	N Bishop	14:33.4	Feb-91
M40	D Cameron	14:30.7	Mar-86
M45	D Cameron	15:08.4	Feb-89
M50	E Saxby	14:39.8	Feb-91
M55	E Saxby	14:52.1	Mar-92
M60	E Saxby	15:14.48	Nov-97
M65	E Saxby	16:26.21	Mar-06
M70	L Watkins	17:17.0	Feb-90
M75	G Currie	21:15.3	Feb-91

M80	G Currie	22:53.4	Feb-95	
M85	G Currie	27:20.7	Feb-00	

5000 metres Track Walk

M35	N Bishop	24:52.8	Feb-91	
M45	M Rolston	34:15.1	Feb-99	
M50	E Saxby	27:03.87	Feb-91	
M55	E Saxby	25:10.51	Feb-92	
M60	E Saxby	26:52.0	Aug-99	
M65	E Saxby	29:00.03	Jan-06	
M70	E Saxby	29:56.55	Sep-07	
M75	G Currie	37:54.5	Feb-93	
M80	G Currie	38:37.0	Mar-95	

80 metres Hurdles

M70	A McIntosh	18.7H	Mar-92	
M75	I Brownie	21.52	Mar-05	
M80	I Brownie	25.02	03/04/2010	QEII

100 metres Hurdles

M50	W Doyle	16.71	Feb -17	
M55	W Doyle	18.58	17/11/2019	Ngā Puna Wai
M60	G Harney	25.17	20/02/2011	QEII

100 metres Hurdles (1st May 2010 - 12m, 8m, 16m)

M60

M65

110 metres Hurdles

M40	N Bolton	15.41	28/02/2015	Tauranga
M45	N Bolton	15.41	27/04/2019	Melbourne
M50	S McKee	19.14	23/01/2010	QEII

200 metres Hurdles (1st May 2010 - 5 hurdles)

M80

300 metres Hurdles

M60	G Harney	48.76	Nov 11	QEII
M65	A McIntosh	55.48	1987	
M70	A McIntosh	64.6H	1992	
M75	I Brownie	71.20	Jan-06	

400 metres Hurdles

M40	J O'Connor	59.20	Mar-08	
M45	J O'Connor	60.54	04/04/2010	QEII
M50	J O'Connor	64.84	05/03/2017	Nelson
M55	W Wells	76.10	Dec-99	

Pentathlon **(pre May 2010, old age factors)**

M35	J Barnfield	2787	Feb-92
M40	B McPhail	3063	1981
M45	S McKee	2951	Mar-05
M50	B McPhail	3167	1989
M55	B McPhail	3348	1992
M60	D Tucker	3109	1992
M65	D Tucker	3222	Feb-97
M70	I Brownie	2919	Feb-00

M75	I Brownie	2580	Jan-05	
M80	I Brownie	2385	24/01/2010	QEII

Pentathlon **(1st May 2010, new age factors)**

M35				
M40	J Baird	1693	20/11/2016	Timaru
M45	J Baird	1946	3/3/2019	Timaru
M50	W Doyle	3199	01/03/2015	Tauranga
M55				
M60				
M65				
M70				
M75				
M80	I Brownie	1436	10/02/2013	Rawhiti Domain

Decathlon **(1st May 2010, new age factors)**

M40				
M45	W Doyle	5970	05/02/2012	Tauranga
M50	W Doyle	7018	20/02/2016	Wanganui
M55				
M65				
M70				

Canterbury Masters Inc Men's Field Event Records (Updated March 2022)

Long Jump

M35	K Simpson	6.42	Jan-80	
M40	B McPhail	6.26	1979	
M45	B McPhail	6.05	Sep-83	
M50	B McPhail	5.68	Feb-90	
M55	B McPhail	5.60	Mar-93	
M60	B McPhail	4.96	Feb-97	
M65	B McPhail	4.32	Feb-03	
M70	I Brownie	3.82	Feb-00	
M75	I Brownie	3.32	Jan-05	
M80	I Brownie	3.07	24/01/2010	QEII
M85	N Hawke	1.22	Mar-98	

Triple Jump

M35	K Simpson	12.52	Feb-80	
M40	K Simpson	13.30	Nov-87	
M45	S McKee	12.40	Feb-06	
M50	S McKee	11.56	06/02/2010	QEII
M55	W Doyle	10.04	01/02/2020	Timaru
M60	M Shirley	9.14	Dec-90	
M65	C O'Brien	8.15	Feb-97	
M70	W Newton	7.56	Feb-01	
M75	C O'Brien	6.65	Feb-08	
M80	C O'Brien	5.80m	10/02/2013	Rawhiti Domain

High Jump

M35	A Tucker	1.71	Mar-80	
M40	S McKee	1.61	Dec-04	
M45	S McKee	1.67	Feb-06	
M50	W Doyle	1.61	20/02/2016	Wanganui
M55	W Doyle	1.52	30/11/2019	Timaru
M60	N Hawke	1.38	Sep-75	
M65	G Ludwig	1.35	30/01/2021	Ngā Puna Wai
M70	M Bennie	1.20	Feb-90	
M75	W Newton	1.13	Mar-07	
M80	C O'Brien	1.05	16/03/2012	Rawhiti Domain
M85				

Pole Vault

M35	B Senior	3.92	1977	
M40	B Senior	3.85	1982	
M45	S McKee	3.90	Feb-06	
M50	S McKee	3.71	02/04/2010	QEII
M55	S McKee	3.13	10/02/2018	Papanui - Christchurch
M60	*T Rajasaari*	*2.60*	*23/10/2021*	*Ngā Puna Wai*
M65	B Senior	2.41	Jan-06	
M70	B Senior	3.10	05/02/2011	Tauranga
M75	W Newton	1.80	Feb-08	

Hammer Throw

M30	J Adams	23.63	Feb-07	
M35	T Fleming	48.32	Feb-83	
M40	T Fleming	47.64	Mar-85	
M45	B Harland	47.72	Jan-91	
M50	B Harland	48.66	Oct-95	
M55	R Davison	43.74	Jan-06	
M60	R Davison	46.59	Dec-09	
M65	R Davison	41.79	23/01/2016	Rawhiti Domain

M70	D Leech	40.10	Mar-97	
M75	B Senior	36.78	24/04/2017	Auckland
M80	B Senior	37.05	20/12/2020	Rawhiti Domain
M85	D Leech	21.16	9/12/2012	Rawhiti Domain

Shot Put

M30	***T Walsh***	***21.55***	***5/03/2022***	***Hastings***
M35	M Mene	13.96	Oct-83	
M40	M Mene	13.80	Mar-87	
M45	M Clarke	12.59	28/01/2017	Rawhiti Domain
M50	W Doyle	13.43	01/03/2014	Invercargill
M55	W Doyle	11.87	14/12/2019	Timaru
M60	R Melrose	11.33	Nov-96	
M65	D Gibson	11.17	1987	
M70	D Gibson	11.43	Mar-90	
M75	B Senior	10.14	25/04/2017	Auckland
M80	B Senior	10.27	24/01/2021	Rawhiti Domain
M85	D Leech	6.48	30/09/2012	Rawhiti Domain

Discus Throw

M30	J Adams	31.63	Feb-05	
M35	***J Pratten***	***39.46***	***19/02/22***	***Ngā Puna Wai***
M40	M Mene	43.16	1987	
M45	M Clarke	39.85	04/03/2017	Nelson
M50	W Doyle	42.81	03/01/2016	Timaru
M55	W Doyle	39.12	27/2/2021	Timaru
M60	J Tasker	42.35	06/02/2016	Rawhiti Domain
M65	R Davison	39.43	25/10/2014	Rawhiti Domain
M70	B Senior	34.83	29/02/2012	Rawhiti Domain
M75	N Hawke	31.62	1987	
M80	B Senior	28.98	24/01/2021	Rawhiti Domain
M85	D Leech	16.92	25/03/2012	Rawhiti Domain

Javelin Throw

M30	J Adams	23.60	Apr-06	
M35	L Brown	47.04	Nov-80	
M40	R Logchies	50.46	Apr-01	
M45	A Grayburn	53.08	Aug-75	
M50	W Doyle	47.20	02/03/2014	Invercargill
M55	W Doyle	40.15	18/11/2019	Ngā Puna Wai
M60	A Grayburn	48.96	Oct-87	
M65	A Grayburn	46.94	Oct-94	
M70	A Grayburn	38.93	Jan-98	
M75	A Grayburn	33.56	Oct-02	
M80	B Senior	28.00	24/01/2021	Rawhiti Domain
M85	N Hawke	19.20	Nov-96	

Weight Throw

M30	J Adams	7.97	Nov-06	
M35	R Young	11.38	Sep-96	
M40	M Flaus	10.17	Jul-03	
M45	M Clarke	12.07	04/03/2017	Nelson
M50	B Harland	15.67	Nov-95	
M55	R Davison	14.96	Jan-06	
M60	R Davison	16.82	04/04/2010	QEII
M65	D Leech	15.05	Mar-93	
M70	D Leech	15.40	Nov-97	
M75	B Senior	14.42	27/04/2017	Auckland
M80	B Senior	14.96	24/01/2021	Rawhiti Domain
M85	D Leech	9.62	28/01/2013	Rawhiti Domain

Throws Pentathlon (pre May 2010, old age factors)

M30	J Adams	1482	Jan-06	
M35	R Young	2627	Mar-99	
M40	M Flaus	2536	Jul-03	
M45	M Flaus	2676	Apr-04	
M50	B Harland	2921	1997	
M55	R Davison	3284	Jan-06	
M60	R Davison	3776	05/04/2010	QEII
M65	B Senior	3490	Feb-06	
M70	D Leech	3624	1997	
M75	D Leech	3754	Apr-02	
M80	D Leech	3687	Jan-08	
M85	N Hawke	2643	1997	

Throws Pentathlon (1st May 2010, new age factors)

M35				
M40	M Clarke	2689	18/09/2016	Rawhiti Domain
M45	M Clarke	3371	19/03/2017	Rawhiti Domain
M50	W Doyle	3018	01/03/2015	Tauranga
M55				
M60	R Davison	*3517	05/04/2010	QEII, Christchurch
M65	R Davison	3609	14/12/2014	Rawhiti Domain
M70	B Senior	3400	07/03/2011	Hastings
M75	B Senior	3786	20/03/2016	Rawhiti Domain
M80	B Senior	4323	24/01/2021	Rawhiti Domain
M85	D Leech	2636	30/09/2012	Rawhiti Domain

Change of Specifications (1st May 2010)

M80	W Newton	3256	06/02/2011	QEII
M85				