

## CMA Throws Pentathlon Winter 2016 Series

Note:  
 There have been changes to the age factors for W75+ Hammer & Weight and M70+ Hammer & Shot Put effective December 2014.  
 For both genders it means that fewer points are scored for a given distance.  
 All results in this document have been calculated using the latest age factors.

**29-May-16**

W55		Hammer	Shot	Discus	Javelin	Weight	Total
Jo Williamson		12.91	8.07	17.36	11.30	10.54	
Age Factors	W65	1.3984	1.3706	1.4407	1.4482	1.2918	
		18.05	11.06	25.01	16.36	13.61	
		239	599	369	222	715	<b>2144</b>
		239	838	1207	1429	2144	

W65		Hammer	Shot	Discus	Javelin	Weight	Total
Bev Church		23.68	6.30	16.17	12.30	7.54	
Age Factors	W65	1.7038	1.6600	1.7927	1.8171	1.3260	
		40.34	10.45	28.98	22.35	9.99	
		719	559	443	333	492	<b>2546</b>
		719	1278	1721	2054	2546	
Alison Wright		14.78	0	13.23	11.40	7.42	
Age Factors	W65	1.7038	1.6600	1.7927	1.8171	1.3260	
		25.18	0.00	23.71	20.71	9.83	
		390	0	345	302	482	<b>1519</b>
		390	0	735	1037	1519	

W75		Hammer	Shot	Discus	Javelin	Weight	Total
Justine Whitaker		23.79	5.89	16.88	10.31	8.62	
Age Factors	W75	1.8918	1.8324	2.1546	2.2794	1.3955	
		45.00	10.79	36.36	23.50	12.02	
		821	581	584	354	617	<b>2957</b>
		821	1402	1986	2340	2957	

M70		Hammer	Shot	Discus	Javelin	Weight	Total
Glen Church		19.81	6.83	17.77	16.70	7.40	
Age Factors	M70	1.4524	1.2806	1.2781	1.6801	1.1408	
		28.77	8.74	22.71	28.05	8.44	
		331	410	323	272	365	<b>1701</b>
		331	741	1064	1336	1701	

3-Jul-16

<b>W40</b>		<b>Hammer</b>	<b>Shot</b>	<b>Discus</b>	<b>Javelin</b>	<b>Weight</b>	<b>Total</b>
Dena Miller		16.73	7.08	16.26	16.38	7.44	
Age Factors	W40	<i>1.1763</i>	<i>1.1100</i>	<i>1.1150</i>	<i>1.1475</i>	<i>1.1852</i>	
		19.67	7.85	18.12	18.79	8.81	
		273	390	244	266	421	<b>1594</b>
		273	663	907	1173	1594	

<b>W65</b>		<b>Hammer</b>	<b>Shot</b>	<b>Discus</b>	<b>Javelin</b>	<b>Weight</b>	<b>Total</b>
Bev Church		25.59	6.37	17.53	12.97	7.84	
Age Factors	W65	<i>1.7038</i>	<i>1.6600</i>	<i>1.7927</i>	<i>1.8171</i>	<i>1.3260</i>	
		43.60	10.57	31.42	23.56	10.39	
		790	567	489	355	517	<b>2718</b>
		790	1357	1846	2201	2718	

<b>W70</b>		<b>Hammer</b>	<b>Shot</b>	<b>Discus</b>	<b>Javelin</b>	<b>Weight</b>	<b>Total</b>
Justine Whitaker		17.17	5.86	12.71	9.64	7.85	
Age Factors	W70	<i>1.9160</i>	<i>1.8559</i>	<i>2.0542</i>	<i>2.0992</i>	<i>1.4667</i>	
		32.89	10.87	26.10	20.23	11.51	
		556	587	389	293	585	<b>2410</b>
		556	1143	1532	1825	2410	

<b>M75</b>		<b>Hammer</b>	<b>Shot</b>	<b>Discus</b>	<b>Javelin</b>	<b>Weight</b>	<b>Total</b>
Alan Hunter		15.03	5.27	15.68	11.37	7.12	
Age Factors		<i>1.6490</i>	<i>1.3993</i>	<i>1.4332</i>	<i>1.8932</i>	<i>1.2286</i>	
		24.78	7.37	22.47	21.52	8.74	
		267	329	319	182	382	<b>1479</b>
		267	596	915	1097	1479	