

New Entry Procedures for Track & Field Meetings

This season we have introduced ONLINE entries for all events.

Please be aware that the Athletics Canterbury website is currently out of action and we can't upload any information. Therefore all messages will be sent directly to each person in our database., plus a Athletics Canterbury Track & Field Info page has been created on the Canterbury Masters website. Please go there of information & results.

Time	Track:	Field:
1030		Pole Vault
1345		Discus (F only)
1400	60m (M,F)	Shot Put (M only)
1420	100m (M,F)	
1450		Long Jump (F, M three jumps)

Shoe Clinic Athlete of the Week Awards

1450	800m	Shot Put (F only)
1500		Discus (M only)
1505		High Jump
1510	3000m (inc 1200m or 2000m Track Walk)	
1545	200m (M/F)	Hammer (F/M) <small>(Number of rounds depends on entries)</small>
1550		Triple Jump (M, F three jumps)
1610	Long Hurdles	
1620	2 x 100m Relay	

**MAXIMUM spike length on the track is 6mm, CONE shape only.
For javelin & high jump only, 9mm CONE shaped spikes can be used.**

Competition Fees:	Scheduled event start times are subject to variation depending on numbers reporting to the events. No event start times will be advanced.			
Seniors & M30 - 65	U20 - U16 & M65+	Grades 12 to 14	Non-club Secondary School	Non-club Seniors
\$10.00	\$8.00	\$5.00	\$8.00	\$10.00
Manager	Track Referee	Field Referee	Field Referee	Duty Club(s)
Paul Nichols	Geoff Annear	Dave Clarke	Graham Davies	EVERYONE!!