

## South Island Championships 2013 - Women's Throws Pentathlon

| <b>W40</b>    |     | <b>Hammer</b> | <b>Shot</b> | <b>Discus</b> | <b>Javelin</b> | <b>Weight</b> | <b>Total</b> |
|---------------|-----|---------------|-------------|---------------|----------------|---------------|--------------|
| Michelle Ward |     | 24.68         | 8.07        | 20.87         | 14.51          | 0.00          |              |
| Age Factors   | W40 | 1.1763        | 1.1100      | 1.1150        | 1.1475         | 1.1852        |              |
|               |     | 29.03         | 8.95        | 23.27         | 16.65          | 0.00          |              |
|               |     | 472           | 461         | 337           | 227            | 0             | <b>1497</b>  |
|               |     | 472           | 933         | 1270          | 1497           | 1497          |              |

| <b>W50</b>    |     | <b>Hammer</b> | <b>Shot</b> | <b>Discus</b> | <b>Javelin</b> | <b>Weight</b> | <b>Total</b> |
|---------------|-----|---------------|-------------|---------------|----------------|---------------|--------------|
| Fiona Harvey  |     | 26.89         | 7.98        | 23.79         | 22.99          | 9.15          |              |
| Age Factors   | W50 | 1.2838        | 1.2607      | 1.3128        | 1.3147         | 1.1822        |              |
|               |     | 34.52         | 10.06       | 31.23         | 30.22          | 10.81         |              |
|               |     | 591           | 533         | 486           | 481            | 542           | <b>2633</b>  |
|               |     | 591           | 1124        | 1610          | 2091           | 2633          |              |
| Alison Newall |     | 24.25         | 7.00        | 12.26         | 18.63          | 8.34          |              |
| Age Factors   | W50 | 1.2838        | 1.2607      | 1.3128        | 1.3147         | 1.1822        |              |
|               |     | 31.13         | 8.82        | 16.09         | 24.49          | 9.85          |              |
|               |     | 518           | 452         | 208           | 373            | 484           | <b>2035</b>  |
|               |     | 518           | 970         | 1178          | 1551           | 2035          |              |

| <b>W55</b>       |     | <b>Hammer</b> | <b>Shot</b> | <b>Discus</b> | <b>Javelin</b> | <b>Weight</b> | <b>Total</b> |
|------------------|-----|---------------|-------------|---------------|----------------|---------------|--------------|
| Winifred Harding |     | 29.14         | 8.27        | 19.57         | 10.77          | 9.69          |              |
| Age Factors      | W55 | 1.3984        | 1.3706      | 1.4407        | 1.4482         | 1.2918        |              |
|                  |     | 40.74         | 11.33       | 28.19         | 15.59          | 12.51         |              |
|                  |     | 727           | 617         | 428           | 207            | 647           | <b>2626</b>  |
|                  |     | 727           | 1344        | 1772          | 1979           | 2626          |              |
| Claire Giles     |     | 21.71         | 7.81        | 17.48         | 18.21          | 7.73          |              |
| Age Factors      | W55 | 1.3984        | 1.3706      | 1.4407        | 1.4482         | 1.2918        |              |
|                  |     | 30.35         | 10.70       | 25.18         | 26.37          | 9.98          |              |
|                  |     | 501           | 575         | 372           | 408            | 492           | <b>2348</b>  |
|                  |     | 501           | 1076        | 1448          | 1856           | 2348          |              |

| <b>W65</b>      |     | <b>Hammer</b> | <b>Shot</b> | <b>Discus</b> | <b>Javelin</b> | <b>Weight</b> | <b>Total</b> |
|-----------------|-----|---------------|-------------|---------------|----------------|---------------|--------------|
| Noni Callander  |     | 19.84         | 7.13        | 18.82         | 13.99          | 7.95          |              |
| Age Factors     | W65 | 1.7038        | 1.6600      | 1.7927        | 1.7274         | 1.3260        |              |
|                 |     | 33.80         | 11.83       | 33.73         | 24.16          | 10.54         |              |
|                 |     | 575           | 650         | 533           | 367            | 526           | <b>2651</b>  |
|                 |     | 575           | 1225        | 1758          | 2125           | 2651          |              |
| Beverley Church |     | 20.42         | 6.55        | 17.55         | 14.43          | 7.21          |              |
| Age Factors     | W65 | 1.7038        | 1.6600      | 1.7927        | 1.7274         | 1.3260        |              |
|                 |     | 34.79         | 10.87       | 31.46         | 24.92          | 9.56          |              |
|                 |     | 597           | 587         | 490           | 381            | 466           | <b>2521</b>  |
|                 |     | 597           | 1184        | 1674          | 2055           | 2521          |              |
| Loris Reed      |     | 19.88         | 6.13        | 15.79         | 13.78          | 7.68          |              |
| Age Factors     | W65 | 1.7038        | 1.6600      | 1.7927        | 1.7274         | 1.3260        |              |
|                 |     | 33.87         | 10.17       | 28.30         | 23.80          | 10.18         |              |
|                 |     | 577           | 541         | 430           | 360            | 504           | <b>2412</b>  |
|                 |     | 577           | 1118        | 1548          | 1908           | 2412          |              |

| <b>W70</b>       |     | <b>Hammer</b> | <b>Shot</b> | <b>Discus</b> | <b>Javelin</b> | <b>Weight</b> | <b>Total</b> |
|------------------|-----|---------------|-------------|---------------|----------------|---------------|--------------|
| Glenn Watts      |     | 22.74         | 6.40        | 17.30         | 11.76          | 8.16          |              |
| Age Factors      | W70 | 1.9160        | 1.8559      | 2.0542        | 1.9654         | 1.4667        |              |
|                  |     | 43.56         | 11.87       | 35.53         | 23.11          | 11.96         |              |
|                  |     | 790           | 653         | 568           | 347            | 613           | <b>2971</b>  |
|                  |     | 790           | 1443        | 2011          | 2358           | 2971          |              |
| Justine Whitaker |     | 17.32         | 6.29        | 12.99         | 10.37          | 6.96          |              |
| Age Factors      | W70 | 1.9160        | 1.8559      | 2.0542        | 1.9654         | 1.4667        |              |
|                  |     | 33.18         | 11.67       | 26.68         | 20.38          | 10.20         |              |
|                  |     | 562           | 639         | 400           | 296            | 505           | <b>2402</b>  |
|                  |     | 562           | 1201        | 1601          | 1897           | 2402          |              |

| <b>W75</b>     |     | <b>Hammer</b> | <b>Shot</b> | <b>Discus</b> | <b>Javelin</b> | <b>Weight</b> | <b>Total</b> |
|----------------|-----|---------------|-------------|---------------|----------------|---------------|--------------|
| Gwyn Heseltine |     | 21.89         | 5.98        | 9.58          | 8.18           | 7.08          |              |
| Age Factors    | W75 | 1.9984        | 1.8324      | 2.1546        | 2.2794         | 1.5146        |              |
|                |     | 43.74         | 10.95       | 20.64         | 18.64          | 10.72         |              |
|                |     | 793           | 592         | 289           | 264            | 537           | <b>2475</b>  |
|                |     | 793           | 1385        | 1674          | 1938           | 2475          |              |
| Iris Bishop    |     | 16.18         | 5.19        | 11.14         | 8.65           | 6.30          |              |
| Age Factors    | W75 | 1.9984        | 1.8324      | 2.1546        | 2.2794         | 1.5146        |              |
|                |     | 32.33         | 9.51        | 24.00         | 19.71          | 9.54          |              |
|                |     | 544           | 497         | 351           | 284            | 465           | <b>2141</b>  |
|                |     | 544           | 1041        | 1392          | 1676           | 2141          |              |