CMA Championship Programme / Entry Form Rawhiti Domain - Sunday 10th February 2013 - \$10.00 Entry Fee / BBQ Ticket

	Age Group (Circle):	
	M30, M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90	
	W30, W35, W40, W45, W50, W55, W60, W65, W70, W75, W80, W85, W90	
A \$10.00 en t	ntry fee (Includes BBQ) is required and you must have paid your current NZMA membership o	n or
pefore the day	ay of competition or you cannot compete. This can be paid on the day of competition.	
	Official use: PAID	

DOB:

Please pre enter ASAP by contacting either ... Andrew Stark (338 0516) or Bernadette Jago (980 2457).

Entries close 1 hour before the scheduled start time of the event. Late entries will only be accepted at the Meeting Manager's discretion.

Start time	Track I	Enter (TICK)	
11:00 a.m.	100m	W30+, WP	
11:05 a.m.	100m	M30+	
11:30 a.m.	800m	M30+	
11:40 a.m.	1500m	W30+	
12:15 p.m.	60m	W30+	
12:20 p.m.	60m	M30+	
12:40 p.m.	3000m Walk	W30+, M30+	
Approximate-	80m Hurdles	W40+	
1:20 p.m.	80m Hurdles	M70+	
exact time determined	100m Hurdles	W30 - 39	
on the day	100m Hurdles	M50 - 69	
based on entries	110m Hurdles	M30 - 49	
2:10 p.m.	200m	W30+	
2:15 p.m.	200m	M30+, MP	
3:30 p.m.	300m	W50+	
3:35 p.m.	300m	M60+	
3:40 p.m.	400m	W30 - 49	
3:45 p.m.	*400m	M30 - 59	
4:30 p.m.	800m	W30+, WP	_
4:40 p.m.	1500m	M30+, MP	
5:00 p.m.	4 x 100m	Mixed	

Name:

Social BBQ for all after the meeting

Non-competing supporters are welcome to join the BBQ at a cost \$5.00. All competitors can attend as part of their \$10.00 Championship Entry Fee.

Number attending _____ @ \$5.00 = ____

Please pay at Club Room on Champs day.

Start time	Field	Enter (TICK)	
11:05 a.m.	Discus	W30+	
11:05 a.m.	Hammer	M30+	
11:15 a.m.	Long Jump	M30+, MP	
12:00 p.m.	Shot Put	W30+, WP	
12:10 p.m.	High Jump	W30+, M30+	
12:40 p.m.	Javelin	M30+, MP	
12:50 p.m.	Long Jump	W30+, WP	
1:20 p.m.	Hammer	W30+	
1:55 p.m.	Shot	M30+	
2:0 0 p.m.	Pole Vault	W30+, M30+	
2:35 p.m.	Weight Throw	W30+	
3:10 p.m.	Discus	M30+, MP	
3:40 p.m.	Javelin	W30+, WP	
4:10 p.m.	Weight Throw	M30+	
4:40 p.m.	Triple Jump	W30+, M30+	

NZMA Membership Number:

Women's Pentathlon			
WP indicates Women's Pentathlon events			
Men's Pentathlon	Enter (TICK)		

If you are competing in **ALL** five pentathlon events, your pentathlon score will only be calculated if you enter the pentathlon (tick above). Pentathlon points are only scored on your first 3 jumps or throws.

Relay Event: 4 x 100m relay teams are required to estimate their combined running time. The winning team is the team whose actual time is closest to their estimated time.

Relay entry forms will be available on the day.

Tick

^{*} M60+ men can select to run 400m instead of 300m.

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CMA Track Events			New Br	New Brighton Olympic Children's Track Events		
10:20 a.m.			60m	Boys 7,8,10,11 Girls 7,8	10:20 a.m.	
10:50 a.m.			60m	Boys 9,12,13,14 Girls 9,10,11,12,13,14	10:50 a.m.	
11:00 a.m.	100m	W30+, WP			11:00 a.m.	
11:05 a.m.	100m	M30+			11:05 a.m.	
11:20 a.m.			100m	Boys 7,8,10,11 Girls 7,8	11:20 a.m.	
11:30 a.m.	800m	M30+			11:30 a.m.	
11:40 a.m.	1500m	W30+			11:40 a.m.	
11:50 a.m.			100m	Boys 9,12,13,14 Girls 9,10,11,12,13,14	11:50 a.m.	
12:15 p.m.	60m	W30+			12:15 p.m.	
12:20 p.m.	60m	M30+			12:20 p.m.	
12:40 p.m.	3000m Walk	W30+, M30+			12:40 p.m.	
1:00 p.m.			200m	Girls 7,8 Boys 7,8,10,11	1:00 p.m.	
1:30 p.m.			200m	Boys 9,12,13,14 Girls 9,10,11,12,13,14	1:30 p.m.	
2:00 p.m.			400m	Boys 10,11	2:00 p.m.	
2:10 p.m.	200m	W30+			2:10 p.m.	
2:15 p.m.	200m	M30+, MP			2:15 p.m.	
2:30 p.m.			400m	Girls 10,11,12, 13, 14 Boys 12,13, 14	2:30 p.m.	
3:30 p.m.	300m	W50+			3:30 p.m.	
3:35 p.m.	300m	M60+			3:35 p.m.	
3:40 p.m.	400m	W30 - 49			3:40 p.m.	
3:45 p.m.	*400m	M30 - 59			3:45 p.m.	
4:30 p.m.	800m	W30+, WP			4:30 p.m.	
4:40 p.m.	1500m	M30+, MP			4:40 p.m.	
5:00 p.m.	4 x 100m	Mixed			5:00 p.m.	

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CMA Field Events		New Brighton Olympic Children's Field Events			
10:20 a.m.			Shot Put	Girls 10,11	10:20 a.m.
10:20 a.m.			High Jump	Girls 12,13, 14 Boys 12,13,14	10:20 a.m.
10:50 a.m.			Shot Put	Girls 8 Boys 8	10:50 a.m.
10:50 a.m.			High Jump	Boys 10,11	10:50 a.m.
11:05 a.m.	Discus	W30+			
11:05 a.m.	Hammer	M30+			
11:15 a.m.	Long Jump	M30+, MP			
11:20 a.m.			Long Jump	Girls 12,13,14 Boys 12,13,14	11:20 a.m.
11:50 a.m.			Long Jump	Boys 10,11	11:50 a.m.
12:00 p.m.	Shot Put	W30+, WP			
12:10 p.m.	High Jump	W30+, M30+			
12:40 p.m.	Javelin	M30+, MP			
12:50 p.m.	Long Jump	W30+, WP			
1:00 p.m.			Long Jump	Girls 10,11	1:00 p.m.
1:20 p.m.	Hammer	W30+	Discus	Girls 12,13,14 Boys 12,13,14	1:00 p.m.
1:30 p.m.			Long Jump	Girls 8 Boys 8	1:30 p.m.
1:30 p.m.			Discus	Boys 9,12,13,14 Girls 9,10,11,12,13,14	1:30 p.m.
1:55 p.m.	Shot	M30+			
2:00 p.m.			Long Jump	Girls 8	2:00 p.m.
2:00 p.m.			Discus	Girls 10,11	2:00 p.m.
2:00 p.m.			Shot Put	Boys 12,13,14 Girls 12,13,14	2:00 p.m.
2:35 p.m.	Weight Throw	W30+			
3:10 p.m.	Discus	M30+, MP			
3:40 p.m.	Javelin	W30+, WP			
4:10 p.m.	Weight Throw	M30+			
4:40 p.m.	Triple Jump	W30+, M30+			