Schedule of events for the Combined Events, Steeplechase Canterbury Championships \& Inter-Club Aorangi Stadium (Timaru) Saturday $21^{\text {st }}$ January \& Sunday $\mathbf{2 2}^{\text {nd }}$ January 2012

|  | Heptathlon (SW,W19,W16) | Octathlon (M17) | Decathlon (SM, M20, MM) | Steeplechase (All Grades) | Inter-Club Track | Inter-Club Field |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Saturday |  |  |  | All entries 1 hour before scheduled race start time |  |  | Saturday |
| 11.30 a.m. |  |  |  |  |  | Pole Vault (F) | $11.30 \mathrm{a} . \mathrm{m}$. |
| 1.00 p.m. | 100 mH |  |  |  |  |  | 1.00 p.m. |
| 1:15 p.m. |  | 100m |  |  |  |  | 1:15 p.m. |
| 1.20 p.m. |  |  | 100m |  |  |  | 1.20 p.m. |
| 1.25 p.m. |  |  |  |  | 3000m |  | 1.25 p.m. |
| 1.30 p.m. |  |  |  |  |  | Hammer Throw (M) | 1.30 p.m. |
| 1.45 p.m. | High Jump |  |  |  | $300 \mathrm{~m} / 400 \mathrm{~m} \mathrm{H}$ <br> (Entries required by 1.15) |  | 1.45 p.m. |
| 2.00 p.m. |  | Long Jump | Long Jump | $\begin{gathered} 2000 \mathrm{~m} \mathrm{SC} \\ \text { (W17, MM60, MW) } \end{gathered}$ |  |  | 2.00 p.m. |
| 2.20 p.m. |  |  |  | $\begin{aligned} & 3000 \mathrm{~m} \text { SC } \\ & (\mathrm{SW}, \mathrm{~W} 20) \end{aligned}$ |  |  | 2.20 p.m. |
| 2.35 p.m. |  |  |  |  | 100m (M,F) |  | 2.35 p.m. |
| 2.45 p.m. |  |  |  |  |  | High Jump (F) Javelin (M) | 2.45 p.m. |
| 2.50 p.m. |  |  |  |  | 3000m TW | Long Jump (M) | 2.50 p.m. |
| 3.00 p.m. |  | Shot Put | Shot Put |  |  |  | 3.00 p.m. |
| 3.05 p.m. |  |  |  |  | 800m |  | 3.05 p.m. |
| 3.20 p.m. |  |  |  |  | $100 \mathrm{~m} / 110 \mathrm{~m} \mathrm{H}$ <br> (Entries required by 2.50 ) |  | 3.20 p.m. |
| 3.30 p.m. | Shot Put |  |  |  |  | Discus Throw (F) | 3.30 p.m. |
| 3.40 p.m. |  |  | High Jump | $\begin{gathered} 2000 \mathrm{~m} \text { SC } \\ (\mathrm{M} 17) \\ \hline \end{gathered}$ |  |  | 3.40 p.m. |
| 3.50 p.m. |  |  |  | $\begin{gathered} 3000 \mathrm{~m} \mathrm{SC} \\ (\mathrm{SM}, \mathrm{M} 20, \mathrm{MM}) \end{gathered}$ |  |  | 3.50 p.m. |
| 4.10 p.m. |  |  |  |  | 400m (M,F) |  | 4.10 p.m. |
| 4.15 p.m. |  | 400m |  |  |  | Triple Jump (F) | 4.15 p.m. |
| 4.20 p.m. | 200m |  |  |  |  | Shot Put (M) | 4.20 p.m. |
| 4.25 p.m. |  |  |  |  | 200m (F,M) |  | 4.25 p.m. |
| 4.30 p.m. |  |  |  |  | 1500m |  | 4.30 p.m. |
| 4:40 p.m. |  |  | 400m |  |  |  | 4:40 p.m. |
|  |  |  |  |  | South Island Teams Meeting |  |  |
| Sunday |  |  |  |  | Female | Male | Sunday |
| 10.00 a.m. |  |  |  |  | 80 mH |  | 10.00 a.m. |
| $10.10 \mathrm{a} . \mathrm{m}$. |  |  |  |  |  | 100 mH | $10.10 \mathrm{a} . \mathrm{m}$. |
| $10.20 \mathrm{a} . \mathrm{m}$. |  |  |  |  | 1500m |  | $10.20 \mathrm{a} . \mathrm{m}$. |
| $10.30 \mathrm{a} . \mathrm{m}$. |  |  |  |  |  | 1500m | $10.30 \mathrm{a} . \mathrm{m}$. |
| $11.00 \mathrm{a} . \mathrm{m}$. |  | 110m H |  |  | High Jump Javelin | Shot Put <br> Triple Jump | $11.00 \mathrm{a} . \mathrm{m}$. |
| $11.10 \mathrm{a} . \mathrm{m}$. |  |  | 110m H |  |  |  | $11.10 \mathrm{a} . \mathrm{m}$. |
| $11.45 \mathrm{a} . \mathrm{m}$. |  | High Jump |  |  |  |  | $11.45 \mathrm{a} . \mathrm{m}$. |
| 12.00 noon | Long Jump |  |  |  |  | 200m | 12.00 noon |
| 12.10 p.m. |  |  | Discus |  |  |  | 12.10 p.m. |
| 12.20 p.m. |  |  |  |  | 100m |  | 12.20 p.m. |
| 12.30 p.m. |  |  |  |  | Shot Put Triple Jump | High Jump Javelin | 12.30 p.m. |
| 1.00 p.m. | Javelin | Javelin |  |  |  |  | 1.00 p.m. |
| 1.10 p.m. |  |  | Pole Vault |  |  |  | 1.10 p.m. |
| 1.30 p.m. |  |  |  |  | 800m |  | 1.30 p.m. |
| 1.40 p.m. |  |  |  |  |  | 800m | 1.40 p.m. |
| 2.00 p.m. |  | 1000m |  |  | Long Jump | Discus | 2.00 p.m. |
| 2.15 p.m. | 800m |  |  |  |  |  | 2.15 p.m. |
| 2.40 p.m. |  |  | Javelin |  |  |  | 2.40 p.m. |
| 3.00 p.m. |  |  |  |  |  | 100m | 3.00 p.m. |
| 3.10 p.m. |  |  |  |  | 200m |  | 3.10 p.m. |
| 3.30 p.m. |  |  |  |  |  | Long Jump | 3.30 pm . |
| 3.45 p.m. |  |  | 1500m |  | Discus |  | 3.45 p.m. |
| 4.40 p.m. |  |  |  |  | 400m |  | 4.40 p.m. |
| 4.50 p.m. |  |  |  |  |  | 400m | 4.50 p.m. |
| 5.30 p.m. |  |  |  |  | $4 \times 100 \mathrm{mR}$ |  | 5.30 p.m. |
| 5.35 p.m. |  |  |  |  |  | $4 \times 100 \mathrm{~m} \mathrm{R}$ | 5.35 p.m. |
| 5.40 p.m. |  |  |  |  | Medley R |  | 5.40 p.m. |
| 5.45 p.m. |  |  |  |  |  | Medley R | 5.45 p.m. |

