

# Canterbury Masters Track & Field

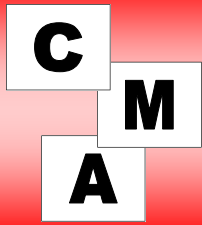
## 2011 / 2012 Season Programme

Due to repairs to **Hansen Park** and **Rawhiti Domain**, please check this page regularly for venue changes.  
(Last update 21 November 2011)

October 2011	Meeting	Venue	Field Events
15 (Sat)	Athletics Canterbury Inter Club Opening Day	ChCh-Avon BHS	Masters can compete
15 (Sat)	<b>South Island Masters Games (T &amp; F)</b>	Nelson	
26 (Wed)	Opening CMA Meeting (A) @ 6:15 p.m. (Bring food to share)	Rawhiti Domain	#
29 (Sat)	Athletics Canterbury Inter Club	Timaru	Masters can compete
November			
5 (Sat)	Athletics Canterbury Inter Club	ChCh-Avon	Masters can compete
6 (Sun)	<b>Tai Tapu Half &amp; Quarter Marathon @ 8:30 a.m.</b>	Tai Tapu	Masters are officials
13 (Sun)	CMA Meeting (B) @ 10:00 a.m.	Hansen Park	#
19 (Sat)	Inter Club + <b>Open / Masters 10000m Championship</b>	Burnside High School	
22 (Tues)	CMA Meeting (A) @ 6:15 p.m.	Burnside High School	#
25 - 27	<b>North Island Masters T &amp; F Championships (Days 1 to 3)</b>	Wellington	
29 (Tues)	CMA Meeting (B) @ 6:15 p.m.	Burnside High School	#
December			
2 - 4	<b>South Island Masters Championships (Days 1 to 3)</b>	Timaru	
11 (Sun)	Jack King Memorial Throw Pentathlon @ 10:00 a.m.	Rawhiti Domain	
14 (Wed)	Christmas Break-up Meeting (IMP) @ 6:15 p.m. (Bring food to share)	Rawhiti Domain	#
17 (Sat)	AC Inter Club + <b>Masters 5000m Championships</b>	Burnside High School	
January 2012			
7 (Sat)	Lovelock Classic Meeting	Timaru	Masters can compete
14 (Sat)	AC Inter Club + <b>Masters 3000m Championships</b>	Rawhiti Domain	
18 (Wed)	CMA Meeting (A) @ 6:15 p.m.	Rawhiti Domain	
21 - 22	<b>Canterbury Combined Events (Days 1 &amp; 2) Decathlon</b>	Timaru	
21 (Sat)	Athletics Canterbury Inter Club <b>Open / Masters Steeplechase Championships</b>	Timaru	
29 (Sun)	CMA Meeting (B) @ 10:00 a.m.	NOW Rawhiti Domain	#
February			
5 - 12	<b>Oceania Masters T &amp; F Championships</b>	Tauranga	
19 (Sun)	<b>Canterbury Masters T &amp; F Championships @ 11:00 a.m.</b>	Rawhiti Domain	
25 (Sat)	Athletics Canterbury Inter Club	Rawhiti Domain	Masters can compete
March			
2 - 5	<b>NZ Masters T&amp;F Championships (Days 1 to 4)</b>	Auckland	
17 (Sat)	<b>West Coast T &amp; F Championships</b>	Greymouth	
21 (Wed)	Max's Night (IMP) @ 6:15 p.m. (Bring food to share)	Rawhiti Domain	#
24 (Sat)	Link Relays - Halswell Quarry		
April			
1 (Sun)	CMA Presentation Night	Cashmere Club	

<b>Programme A</b>	60m Scratch, 60m Handicap, 100m, 300m / 400m, 1200m / 1500m run / walk (Other events will be considered on the night as per athlete requests.)
<b>Programme B</b>	60m Scratch, 60m handicap, 200m, 600m / 800m, 3000m / 5000m run / walk (Other events will be considered on the night as per athlete requests.)
<b>IMP</b>	Improvise Programme

# Field Events At the time of creating this programme it was not possible to create a schedule of field events for the season as our gear is still within QEII and the state of the throwing circles at Rawhiti Domain and Hansen Park is still unknown. This programme will be updated ASAP.



# News Update

October 2011

Hi all,  
The next Cant-A-Long is not due out until December, but there are some important notices as listed below ...

## **OPENING CMA Track & Field Meeting Wednesday 26th October @ 6:15 p.m.**

### **Change of Venue - NOW at Rawhiti Domain (New Brighton - Olympic Club):**

Due to repairs to the Hansen Park track, we have had to move our opening meeting to **Rawhiti Domain**. We plan to have a shared supper after competition, so please remember to bring some food to share. The cost to compete is \$2.00 which will help cover the cost of hiring the clubrooms. This season we are introducing a random draw prize of a bottle of wine or a block of chocolate at each CMA meeting. If you compete or officiate at our CMA organised meetings, you will be in the draw. At the Christmas Break-up meeting we are planning a major draw, yet to be confirmed. I look forward to seeing many of you next week.

**Track Events:** 60m Scratch, 60m Handicap, 100m, 300m / 400m, 1200m / 1500m run / walk

**Field Events:** *Discus & Shot Put*

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### **CMA Registration DUE NOW - CMA Registration DUE NOW - CMA Registration DUE NOW:**

I have enclosed a 2011 - 2012 Registration Form with all details.

You can bring this along to the Opening Meeting this Wednesday or post to our Treasurer.

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### **Shoe Clinic Tai Tapu Half & Quarter Marathon - Sunday 6th November 2011 @ 8:00 a.m.:**

Organised by the Athletics Canterbury Cross Country & Road Committee. Let me know if you need an entry posted out to you.

**HELP REQUIRED:** CMA members make up some of the officials for this event and we receive a donation for our efforts, so please keep the morning of Sunday 6th November 2011 free.

Please contact Kevin Jago (980 2457) immediately if you are able to help ... your help will be needed, so don't think someone else will do it?

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### **Athletics Canterbury Track & Field Programme 2011 - 2012 - Opening Day 15 October 2011:**

As Rawhiti Domain is not yet ready, the opening THREE meetings of the season will be held at the Burnside High School track (Christchurch Avon Club Grounds). A copy of the programme will be in the next Cant-A-Long

Until the next Cant-A-Long, I hope your training is going well and continues that way.

Kind regards,  
**Andrew Stark**  
(CMA President)